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a drop goal that will be remembered for ever. But the peculiar calmness with which he played the game masked a very different reality.

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A fascinating insight into the obsessive nature of elite athletes covering the magnanimity of success and the depths of despair owing to injury, below par performances and constant hounding by the media. Thank you for your honesty Jonny, and for laying your body on the line repeatedly.

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Publisher Description Jonny Wilkinson's career has crossed three decades and four World Cups. He has accumulated phenomenal achievements, world points records, an impressive list of broken body parts, and a drop goal that will be remembered for ever. But the peculiar calmness with which he played the game masked a very different reality.

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