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# The Coaching At Work Toolkit A Complete Guide To Techniques And Practices By Skiffington Suzanne Zeus Perry 2002 Paperback

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### The Coaching At Work Toolkit

The Coaching at Work Toolkit is the first comprehensive, practical resource for coaches in the use of the theories, tools, techniques and practices that affect learning and change. This book offers coaching tools and psychology-based techniques and is a much-needed guide to understanding the practice of coaching and applying the theories and language associated with it.

### The Coaching at Work Toolkit: Skiffington, Suzanne, Zeus ...

The Coaching At Work Toolkit builds on the "The Complete Guide to Coaching" book by the same authors. The first part focuses on the theory of coaching and how / where to use coaching. the second part focuses on tools and techniques a coach can add to his or her toolkit.

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I like Tim Gallwey's most recent book - Inner Game of Work, James Flaherty's book on Coaching: evoking excellence in others, is also worth a look. Also books like The Psychology of Executive Coaching - Bruce Peltier could be useful. Anyway of the 25 or so books on coaching I've read, Toolkit isn't one of the better ones.

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Additional Information About These Free "How To" Toolkit User Guides Most of our coaching tools are step by step exercises that allow (you or) your clients to reflect on, work through, learn about themselves and often to identify actions for specific issues or goals. Check out our Complete Guide To Coaching Tools for more information.

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Coaching is a developmental tool that helps the coachee (the person being coached) unleash latent potential by allowing him or her to uncover and overcome specific challenges. The coach is not an advice-giver but instead acts as a facilitator. Coaching puts the coachee in charge of his or her own coaching

# Creating a coaching culture at your organization

Coach Master Toolkit (or CMT for short) is a turnkey approach with the power to enhance your coaching practice, augment your expertise, and lock down long-term clients and organizations. Each toolkit within the CMT Program represents an important leadership competency that clients often find valuable to work on.

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